

EMDR Therapy Basic Training

In-person in Madison, WI

*Co-hosted by QUEST Counseling
and Consultation Center and
Insight Counseling and Wellness*



UPCOMING SESSION

To get started, enroll in the EMDR Therapy Basic Training. Earn the certificate by completing both parts of the training and participating in 10 hours of group consultation work (5 hours following part 1, and 5 hours following part 2 of the training).

WHEN

Sept. 25 – 27, 2024
and
Dec. 4 – 6, 2024
8:00AM – 5:30PM

WHERE

In-person at
440 Science Drive,
Madison, WI 53711

FEE

\$1900*

CES

40

EARLY BIRD DISCOUNT

Enroll before August 15, 2024 to get a
\$100 discount on the course fee.

ENROLL TODAY!

Space is limited! Enrollment deadline is
September 6, 2024.

About the Training

QUEST Counseling and Consultation Center and Insight Counseling and Wellness are excited to co-host Eye Movement Desensitization and Reprocessing (EMDR) Basic Training. EMDR therapy is a comprehensive psychotherapy that accelerates the treatment of many different pathologies and facilitates healing from trauma related to disturbing events and present life conditions. This two-part experiential training is approved by The EMDR International Association (EMDRIA) and includes 20 hours of lecture, 20 hours of supervised practice and 10 hours of consultation. Complemented by an empirically tested method, EMDR therapy is compatible with other contemporary clinical paradigms including psychodynamic, cognitive-behavioral, experimental and systemic approaches. In this program, you work with an EMDRIA-approved instructor, Wendy Freitag, to begin your EMDR Therapy Basic Training journey.

Learning Outcomes

Part One

- Identify the parameters where EMDR therapy is effectively implemented
- Define various criteria for client selection and then apply them to example cases
- List safety measures for effective and ethical use of EMDR therapy
- Outline the phases of a comprehensive EMDR therapy plan

Part Two

- Predict common problems that can arise while practicing EMDR therapy
- Evaluate strategies for dealing with highly emotional client responses
- Describe protocols for closing down incomplete therapy sessions
- Identify resources to use with difficult or resistant clients



Meet Your Instructor

Wendy Freitag, PhD is an experienced EMDR therapy trainer and clinician, trained by Dr. Francine Shapiro in 1994. She is an EMDR Institute Senior and Regional Trainer, Facilitator & Logistician, as well as an EMDR International Association (EMDRIA) Approved Trainer and Consultant. She served as the EMDRIA Secretary, President, and Director from '98-'07 and is currently serving as the President of the EMDR Research Foundation. Dr. Freitag served as the Co-Chairperson of the EMDRIA Standard & Training (S&T) Subcommittee to revise the credentialing requirements for Trainings, Certified Therapists & Approved Consultants and served on the S&T Professional Development Subcommittee with the same goals. She is the founder and co-coordinator of the former WI EMDRIA Regional Network.

TO ENROLL, CONTACT
emdrconsultation@questmadison.com

Please include the following information in the email body:
name, address, phone number, and your organization name.

Or visit questmadison.com/emdrtraining

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* For a complete refund, requests must be made prior to September 6, 2024. Participants who have completed more than 50% of the course are not eligible for a refund. When a refund is granted, the participant forfeits eligibility for professional CEs. Refund requests should be sent to EMDRconsultation@QuestMadison.com.